

TINGALPA TROT



Paddle
QLD



3 FEBRUARY 2019

Hosted by Wynnum Redlands Canoe Club

From the WRCC clubhouse at the mouth of Tingalpa Creek through the winding mangroves to the finish line at John Fredericks Park Capalaba

Choose	5km or 10km
Enjoy	BBQ at finish
We can assist	with transport back to the start
Registration	7:00am
Briefing	8:00am
Race Starts	8:30am
Entry	\$15 PQ members. \$25 non members



Register online at <https://www.registernow.com.au/secure/Register.aspx?E=33272>

Entry is also available on the day.